

Dear professional,

16/08/2025

## Certified Workplace Counselor

Start Date	End Date	Venue	CPD	Cost (Excl. VAT)PP	Registration Link
06-10-2025	11-10-2025	PrideInn Nyali	6	60,000.00	<a href="#">Register Here</a>

## Course Overview

This immersive certification course equips HR professionals, wellness coordinators, and people leaders with advanced tools to deliver mental health support and emotional counseling within organizational contexts. Participants learn to create psychologically safe spaces, intervene ethically in mental health cases, and champion wellness initiatives that respond to real behavioral risks. Grounded in workplace realities and aligned with mental health protocols, this course blends counseling psychology, therapeutic frameworks, peer support design, and strategic policy alignment. Graduates emerge as certified internal counselors equipped to transform workplace culture with compassion, clinical awareness, and psychological resilience.

## Course Objectives

The objective of the **Certified Workplace Counselor** training is to;

- Apply foundational counseling principles and behavioral health techniques in workplace scenarios
- Conduct effective supportive sessions and emotional check-ins with staff
- Recognize symptoms of workplace trauma, anxiety, depression, and burnout
- Deliver low-level therapeutic interventions and refer complex cases ethically
- Design targeted mental wellness plans using organizational diagnostics
- Facilitate coaching and conversations that promote psychological safety
- Champion mental health policy rollouts and build stakeholder alignment

## Target Groups

This training is suitable to a wide range of professionals but will greatly benefit;



**CHRP. Den PN Gathitu**

**Secretary General**

**Academy of Certified Human Resource Professionals**