

Foundations of Performance Coaching Training

Date	Time	Duration	Venue	CPD	Cost (Excl. VAT)PP
4th Jul, 2026	8:30 AM-11:30 AM	3 Hour(s)	Zoom, Online	1	1,000.00

Course Overview

True performance management begins with a fundamental shift in leadership identity: moving from a "commander" to a "catalyst." This session establishes the psychological and strategic foundations of the coaching mindset, emphasizing that performance is a continuous cycle rather than an annual event. Participants will explore the neuroscience of coaching to understand how supportive inquiry drives better results than directive management. By aligning individual growth with organizational strategy, leaders will learn to facilitate the performance cycle as a powerful tool for engagement, clarity, and institutional excellence.

Course Objectives

By the end of this program, participants will be able to;

- Differentiate coaching from managing
- Apply a coaching mindset to performance improvement
- Understand the performance cycle and its strategic alignment
- Use coaching principles to support employee development

Target Groups

This training is suitable to a wide range of professionals but will greatly benefit;

- HR Managers and Performance Coaches
- Team Leaders and Supervisors
- Organizational Development Practitioners
- Learning & Development Professionals
- Public Service HR Practitioners
- Senior Managers responsible for coaching and performance transformation
- HR Professionals

Zoom Credentials

Webinar Link	Meeting ID	Password
https://us02web.zoom.us/j/89290051211?pwd=GNIXG6YzayaZMSF5bIAYI41Po1HTb6.1	89290051211	456073


CHRP. Den PN Gathitu
Secretary General

To:	PROFORMA INVOICE	DATE: 30:01:2026

QTY	DESCRIPTION	NET (KES)	VAT (KES)	GROSS (KES)
1	Foundations of Performance Coaching	1,000.00	0.00	1,000.00
GROSS (KES): One Thousand				1,000.00

PARTICIPANT(S) DETAILS			
NO.	NAME	EMAIL ADDRESS	TELEPHONE

PAYMENT DETAILS		
M-PESA Pay Bill No: 247247 Account No.: 300245 Amount: KES 1,000.00		
BANK NAME	ACCOUNT NAME	ACCOUNT NUMBER
Equity Bank	Academy of Certified Human Resource Professionals Ltd	1 2 9 0 2 7 1 2 4 5 7 5 3
Bank Branch: Kenyatta Avenue	Branch Code: 129	Swift Code: EQBLKENA

FUNDING CONFIRMATION / TAX DETAILS	
I, the undersigned, confirm that funds are available for the above training.	
Name of Organization:	
Org. KRA PIN: Org. Mobile No.:	
Confirmed By: Position:	
Signature: Date & Stamp:	

NOTE THAT:	
1. Only those Delegates whose fees have been paid in full will be allowed to the event	
2. Send a scanned copy of the duly completed Nomination Form to admin@achrp.org	
The above training Cost does not include Transport & Accommodation	