

EMOTIONAL INTELLIGENCE & AI INTEGRATION TRAINING

Date	Time	Duration	Venue	CPD	Cost (Incl. VAT)
7th - 12th Dec, 2026	08:30 AM-4:00 PM	6 Day(s)	Blooming Suites, Naivasha	6	75,400.00

Course Overview

This six-day workshop equips HR leaders, executives, and talent managers with deep proficiency in Emotional Intelligence (EQ) alongside state-of-the-art cognitive tools. Participants learn to master self-regulation, empathy architecture, conflict transformation, and organizational culture shaping. Artificial Intelligence is integrated as a strategic behavioral support layer—demonstrating how to parse subtle communication cues, neutralize organizational bias, automate sentiment tracking, and refine leadership communication without losing the human core. The programme bridges psychological safety with cutting-edge AI labs to create authentic, emotionally intelligent leaders.

Course Objectives

By the end of this program, participants will be able to;

- **Self-Mastery:** Develop advanced self-awareness and self-regulation techniques for high-pressure leadership.
- **Empathy Architecture:** Build frameworks for deep empathy, active listening, and relational trust.
- **Psychological Safety:** Architect workplace environments that promote psychological safety and open communication.
- **Conflict Transformation:** Navigate corporate conflict and high-stakes negotiation with emotional clarity.
- **Sentiment Insights:** Leverage data and AI to read behavioral patterns and organizational sentiment signals.
- **AI-Enhanced Communication:** Use AI tools to draft inclusive, emotionally balanced, and bias-free organizational narratives.
- **Resilient Culture:** Establish a sustainable corporate culture that balances high performance with emotional well-being.

Target Groups

This training is suitable to a wide range of professionals but will greatly benefit;

- HR Directors, Chief Human Resource Officers (CHROs), and HR Managers
- Executive Coaches, L&D Directors, and Talent Managers
- Senior HRBPs and Employee Relations Practitioners
- Corporate Counsel, Compliance Officers, and Risk Managers
- Senior Executives and Team Leaders looking to build high-empathy cultures



CHRP. Den PN Gathitu
Secretary General

